FRAMERUNNING RESULTATER OG PB.

LaSt - Landsstevne FR Steinkjer
SteLe-Steinkjerlekene
CPIS = CPISRA Danmark, København
BDO = BDO Stjørdal

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|  | Født | 40m | 60m | 100m | 200m | 400m | 800m | 1500m | 5000 |
| Julie Saursaunet |  |  | 13.03NM 15/8-20 | (19.81(+2.5)La.St22/8-19)20.19Danmark2019 | 39.67CPIS13/7-19 | 88.54CPIS12/7-19 | 3.26.52BDO1/6-19 | 6.47.52LaSt14/8-21 |  |
|  |  |  |  | 20.79Coventry15/4-23 |  | 1.33.58Coventry16/4-23 |  |  |  |
|  |  |  |  | 19.87Hamar20/5-2319.777/6-23København |  |  |  | 6.46.84BDO3/6-23 |  |
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|  | Født | 40m | 60m | 100m | 200m | 400m | 800m | 1500m | 5000 |
| Odd MarkusLûtken |  |  | 10.152019 | 18.54CPIS11/7-19 | 36.10SteLe8/6-19 | 77.36CPIS12/7-19 | 2.39.35BDO1/6-19 | 5.15.95SteLe8/6-19 | 18.35.58CPIS13/7-19 |
|  |  |  |  | 20.82Coventry15/4-23 |  | 86.80Coventry16/4-23 |  | 5.19.80Køb2022 |  |
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|  | Født | 40m | 60m | 100m | 200m | 400m | 800m | 1500m | 5000 |
| Marie Aune Bardal |  | 22.15Køb12/7-14 | 26.25Køb16/7-16 | 29.90SteLe20/5-22 | 66.48LaSte22/8-19 | 2.11.69Kø?18/2-19 | 4.34.3412/7-18Køb | 9.13.01LaSTe22/8-19 | 37.13-91LaSte14/8-21 |
|  |  |  | 19.03SteLe20/5-22 |  |  |  |  |  |  |
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|  | Født | 40m | 60m | 100m | 200m | 400m | 800m | 1500m | 5000 |
| Kaja Jonassen |  |  | 13.10Køb2022 | 19.32Køb2022 | 41.37Køb2022 |  |  | 6.43.05BDO3/6-23 |  |
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|  | Født | 40m | 60m | 100m | 200m | 400m | 800m | 1500m | 5000 |
| Linn Beate Kippe |  |  | 17.472019 |  |  |  |  | 9.02.592022 |  |
|  |  |  |  | 27.43BDO3/6-23 |  |  |  | 9.15.18BDO2023 |  |
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|  | Født | 40m | 60m | 100m | 200m | 400m | 800m | 1500m | 5000 |
| Guri Rygg |  |  |  | 27.62SteLe27/5-23 |  |  |  |  |  |
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