



Grong Sparebank Steinkjerlekene 2024

Tidsskjema lørdag 25. Mai



	LØP	KLASSE	LENGDE	TRESTEG	KULE	LITEN BALL	SLEGG
11:00	60m	G11 (4)	J10 - J12 (15)				
11:05	60m	G12 (5)	4 forsøk				
11:10	60m	G13 (3)	satssone				
11:15	60m	G14 (7)					
11:20	60m	G6-G8 (5)			J13 - J14 (11)		
11:25	60m	G9 (6)			4 forsøk		
11:30	60m	G10 (4)					
11:35							
11:40	100m	MS Utv, MV, KV (4)					
11:45	100m	G15 - G16 (8)	G11-G12 (8)				
11:50			4 forsøk				
11:55	100m	G17, G18/19, MS (8)	satssone				
12:00	100m	J15 (8)			G13 - G14 (10)		
12:05	100m	J16 - J17 (6)			4 forsøk		
12:10	100m	J18/19, KS (6)					
12:15							
12:20	60m	J11 (7)					
12:25	60m	J6 - J7 (4)	G6 - G10 (12)				
12:30	60m	J8 - J9 (4)	4 forsøk				
12:35	60m	J10 (8)	satssone				
12:40	60m	J12 - J13 (6)			G11 - G12 (5)		
12:45	60m	J12 - J13 (7)			4 forsøk		
12:50	60m	J14 (4)					
12:55							
13:00	100m	Superfinale Menn					
13:05	100m	Superfinale Kvinner					
13:10			J6 - J9 (8)		J11 (9)	G6 - G10 (12)	
13:15			4 forsøk		4 forsøk	4 forsøk	
13:20	300m hk	J15 - J16 (5)	satssone				
13:25	300m hk	G16 (1)					
13:30							
13:35							
13:40	400m	J15 - J17 (6)					
13:45	400m	MV (2)			J15 - KS, KV (6)		
13:50					6 forsøk		
13:55			G14, J13-J14 (8)			J6 - J10 (13)	
14:00	400m	G15, G17 (4)	4 forsøk			4 forsøk	
14:05	400m	G18/19, MS (3)	J13 satssone				
14:10							
14:15							
14:20	600m	G10-G11 (7)					
14:25							
14:30	600m	G12-G14 (4)					
14:35			J15-KS, G15-G16 (11)		G15, MS, MV (4)		
14:40	600m	J11 (7)	6 forsøk		6 forsøk		G13-G14, J13-J14
14:45							(11 deltakere)
14:50	600m	J10 (5)					4 forsøk
14:55							
15:00	1500m	G14 - G15 (5)					
15:05							
15:10	1500m	J15 - KS (6)					
15:15							
15:20	1500m	G16 - MS, MV (7)					
15:25							G15-MS, J15-KS
15:30							MV, KV
15:35	600m	J12 - J14 (7)					(11 deltakere)
15:40							6 forsøk
15:45							
15:50							
15:55							
16:00							
16:05							
16:10							
16:15							
16:20							
16:25							
16:30							

PREMIEUTDELING	
	11:00
	11:05
	11:10
	11:15
	11:20
	11:25
	11:30
	11:35
	11:40
60m G13, G14	11:45
100m KV, MV, MS Utv	11:50
100m G15, G16	11:55
	12:00
100m G17, G18/19, MS	12:05
100m J15	12:10
100m J16, J17	12:15
100m J18/19, KS	12:20
Kule J13, J14	12:25
	12:30
	12:35
	12:40
	12:45
	12:50
	12:55
	13:00
	13:05
Pokaler G11, G12	13:10
Kule G13, G14	13:15
60m J12, J13	13:20
	13:25
Pokaler J12	13:30
300m hk J16, J15 (+ KM)	13:35
300m hk G16	13:40
	13:45
Pokaler J10, J11	13:50
400m J15, MV	13:55
Pokaler G6, G7, G8	14:00
400m J16, J17	14:05
400m G15, G17	14:10
400m G18/19, MS	14:15
	14:20
	14:25
	14:30
Pokaler G9, G10	14:35
Pokaler J6, J7, J8, J9	14:40
	14:45
600m G13, G14	14:50
	14:55
	15:00
	15:05
	15:10
1500m G14, G15	15:15
Kule J15, J16, J17, KS, KV	15:20
1500m J15, J16, KS	15:25
Tresteg G14, J13, J14	15:30
Kule G15, MS, MV	15:35
1500m G16, G18/19	15:40
1500m MS, MV	15:45
600m J13, J14	15:50
Tresteg J15, J16, J17, KS	15:55
Tresteg J18/19, G15, G16	16:00
Slegge G13, G14, J13, J14	16:05
	16:10
	16:15
Slegge G18/19, MS, MV	16:20
Slegge J15, J16, J18/19	16:25
Slegge KS, KV	16:30