**UTDRAG FRA TERMINLISTA 2025**

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| **Januar-april 2025** |  |  |
| **31/1-2/2** | **UM inne** | **Ulsteinvik** |
| **14/2-16/2** | **NM inne veteraner** | **Nes friidrettshall** |
| **22/2-23/2** | **NM inne+hopp u.t.** | **Bærum** |
| **5/4-6/4** | **NM terrengløp+stafetter** | **Oslo** |
| **12/4** | **KM terrengløp** | **?** |
| **26/4** | **NTE Beitstadstafetten** | **Beitstad** |

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| **Mai 2025** |  |  |
| **2/5** | **NTE Stjørdalstafetten** | **Stjørdals-Blink friidrett** |
| **6/5** | **TINESTAFETTEN** | **Kolvereid, Kleppen, Overhalla, Guldbergaunet, Inderøy, Frol, Nybrott** |
| **7/5** | **Seriestevne** | **Lånke** |
| **10/5** | **Holmenkollstafetten** | **Oslo** |
| **11/5** | **NTE Ogndalstafetten** | **Ogndal** |
| **13/5** | **Fylkesfinale TINEst.** | **Guldbergaunet** |
| **18/5** | **NTE Mosvikstafetten** | **Mosvik** |
| **20/5** | **TA-sprint sonestevner** | **Beitstad, Kolvereid** |
| **21/5**  | **TA-sprint sonest.** | **Snåsa, Skatval, Frol (5/6)** |
| **24/5-25/5** | **Steinkjerlekene** | **Guldbergaunet** |
| **28/5** | **Kleppenlekene** | **Namsos** |
| **31/5-1/6** | **BDO-lekene** | **Stjørdal** |
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| **JUNI 25** |  |  |
| **5/6** | **TA-sprint sone** | **Frol** |
| **7/6-8/6** | **Trondheimslekene** | **Trondheim** |
| **7/6-8/6** | **UM/NM stafetter** | **Sandnes** |
| **12/6** | **Bislett Games** |  |
| **12/6** | **Ogndalsløpet** | **Ogndal** |
| **14/6-15/6** | **Helgelandslekene****Interkretskamp** | **Mosjøen** |
| **13/6-15/6** | **Tyrvinglekene** | **Rud** |
| **15/6** | **Bruløpet** | **Mosvik-Inderøy** |
| **21/6** | **NTE Namsos-stafetten** | **Namsos** |
| **20/6-22/6** | **Veidekkelekene** | **Lillehammer** |
| **27/6** | **NM veteran** | **Kristiansand** |
| **27/6-29/6** | **Verdsungdomsspelen** | **Gøteborg** |

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| **JULI 25** |  |  |
| **2/7** | **Boysen memorial** | **Bislett** |
| **5/7** | **Windsprint** | **Overhalla** |
| **6/7** | **Sonalekene** | **Dalebrand, Hegra** |
| **19/7** | **NM motbakke** | **Valldal** |
| **31/7** | **NTE Levangerstafetten** | **Frol** |
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| **August 25** |  |  |
| **1/8-3/8** | **NM hoved** | **Askøy** |
| **3/8** | **Tønsåslekene** | **Lånke** |
| **7/8** | **Finale NTE stafetteserienSteinkjerstafetten** | **Steinkjer** |
| **15/8-17/8** | **Jun NM** | **Bergen** |
| **18/8** | **Innherredskarusell nr 1** | **Inderøy** |
| **22/8** | **Innherredskarusell nr 2** | **Beitstad** |
| **23/8** | **TA-sprint finaler** | **Steinkjer?** |
| **26/8** | **Innherredskarusell nr 3** | **Henning** |
| **29/8-31/8** | **UM25** | **Stjørdal** |
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| **SEPTEMBER-OKT 2025** |  |  |
| **6/9-7/9** | **Lerøylekene** | **Møre og Romsdal** |
| **13/9** | **KM 11-14 år** | **?** |
| **14/9** | **Mosviksenderen rundt** | **Mosvik** |
| **20/9** | **NM maraton** | **Oslo** |
| **21/9** | **Namdalslekene** | **Namsos** |
| **12/10** | **NM terrengløp lang løype** | **?** |
| **28/10** | **Innherredskarusell nr 4** | **Steinkjer** |
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